

South Cambridgeshire

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Health Profile 2014

Health in summary

District

The health of people in South Cambridgeshire is generally better than the England average. Deprivation is lower than average, however about 8.8% (2,500) children live in poverty. Life expectancy for both men and women is higher than the England average.

Living longer

Life expectancy is 3.0 years lower for men in the most deprived areas of South Cambridgeshire than in the least deprived areas.

Child health

In Year 6, 12.0% (174) of children are classified as obese, better than the average for England. The rate of alcoholspecific hospital stays among those under 18 was 22.0*, better than the average for England. This represents 7 stays per year. Levels of teenage pregnancy, GCSE attainment and breastfeeding are better than the England average.

Adult health

In 2012, 18.7% of adults are classified as obese, better than the average for England. The rate of alcohol related harm hospital stays was 518*, better than the average for England. This represents 749 stays per year. The rate of self-harm hospital stays was 192.0*. This represents 282 stays per year. The rate of smoking related deaths was 188*, better than the average for England. This represents 150 deaths per year. Estimated levels of adult physical activity are better than the England average. The rate of people killed and seriously injured on roads is worse than average. Rates of sexually transmitted infections and TB are better than average. The rate of new cases of malignant melanoma is worse than average. Rates of statutory homelessness, violent crime, long term unemployment, drug misuse, early deaths from cardiovascular diseases and early deaths from cancer are better than average.

Local priorities

Local priorities include supporting the independence of older people, ensuring access to mental health services and creating a healthy environment through new housing development. For more information see www.cambridgeshireinsight.org.uk and www.cambridgeshire.gov.uk



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Population: 151,000

Mid-2012 population estimate. Source: Office for National Statistics.

This profile gives a picture of people's health in South Cambridgeshire. It is designed to help local government and health services understand their community's needs, so that they can work to improve people's health and reduce health inequalities.

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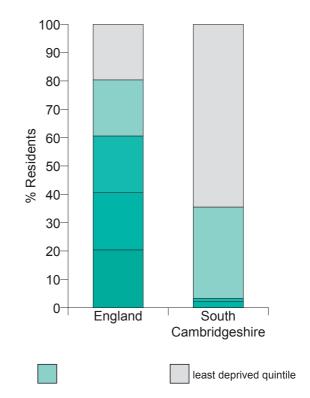
^{*} rate per 100,000 population

Deprivation: a national view

The map shows differences in deprivation levels in this area based on national quintiles (fifths) of the Index of Multiple Deprivation 2010 by Lower Super Output Area. The darkest coloured areas are some of the most deprived areas in England.

Lines represent electoral wards (2013) © Crown Copyright and database rights 2014, Ordnance Survey 100016969

This chart shows the percentage of the population in England and this area who live in each of these quintiles.

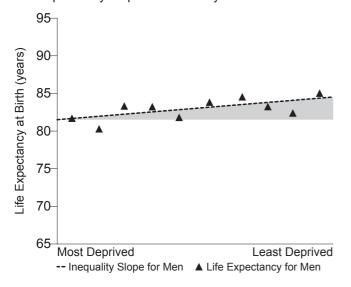


Life Expectancy: inequalities in this local authority

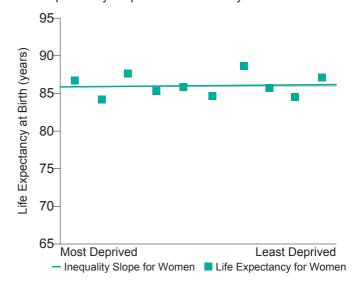
The charts below show life expectancy for men and women in this local authority for 2010-2012. Each chart is divided into deciles (tenths) by deprivation, from the most deprived decile on the left of the chart to the least deprived decile on the right. The steepness of the slope represents the inequality in life expectancy that is related to deprivation in this local area. If there were no inequality in life expectancy as a result of deprivation, the line would be horizontal.

Life Expectancy Gap for Men: 3.0 years

most deprived quintile

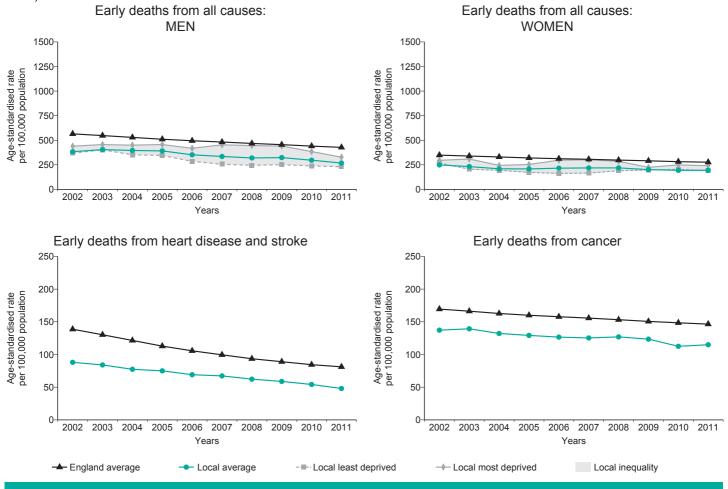


Life Expectancy Gap for Women: 0.3 years



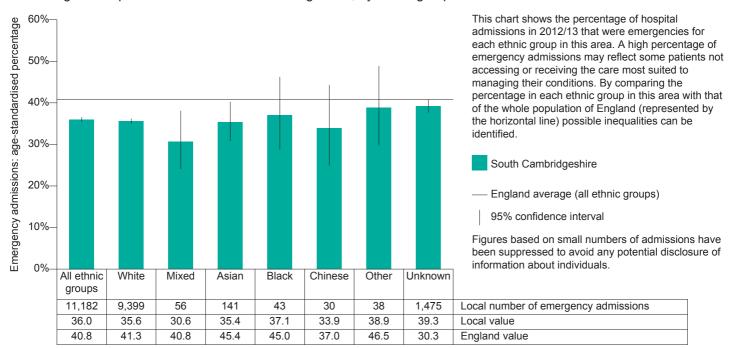
Health inequalities: changes over time

These charts provide a comparison of the changes in early death rates (in people under 75) between this area and all of England. Early deaths from all causes also show the differences between the most and least deprived quintile in this area. (Data points are the midpoints of 3 year averages of annual rates, for example 2005 represents the period 2004 to 2006).



Health inequalities: ethnicity

Percentage of hospital admissions that were emergencies, by ethnic group



Health Summary for South Cambridgeshire

The chart below shows how the health of people in this area compares with the rest of England. This area's result for each indicator is shown as a circle. The average rate for England is shown by the black line, which is always at the centre of the chart. The range of results for all local areas in England is shown as a grey bar. A red circle means that this area is significantly worse than England for that indicator; however, a green circle may still indicate an important public health problem.

| Page | | | | | | Regional a | average^ | England Average | |
|--|--------------------------------------|---|----------|-------|------------------|------------|----------|-----------------|-----------------|
| Indicator | | | | | England Worst | | | | England Best |
| Deprivation | | | Local No | Local | | Ena | | | |
| 2 Children in poverty (under 16s) 2,465 8.8 20.6 43.6 6.4 3 Statutory homelessness 102 1.6 2.4 11.4 0.00 4 GCSE achieved (SA*-C Inc. Eng & Maths) 1,154 669 9 60.8 38.1 0.00 5 Violent crime (violence offences) 597 4.0 10.8 27.1 0.33 6 Long term unemployment 250 2.6 9.9 32.6 0.1.3 7 Smoking status at time of delivery 218 13.0 12.7 30.8 0.2.3 8 Breastfeeding initiation 1,334 79.6 73.9 40.8 0.9 27.3 0.00 10 Alcohol-specific hospital stays (under 18) 7 22.0 44.9 126.7 11.0 der 18 conceptions 4.0 14.2 27.7 52.0 0.8.8 12 Smoking prevalence 1/a 15.9 19.5 30.1 0.1 11.9 13 Fexcess weight in adults 1/a 62.7 56.0 43.8 0.00 14 Cobes adults 1/a 16.7 23.0 35.2 0.00 15 Excess weight in adults 246 64.7 63.8 75.9 0.0 45.9 16 Incidence of malignant melanoma 4.1 26.4 14.8 31.8 0.00 17 Hospital stays for self-harm 282 192.0 188.0 596.0 0.00 18 Popular size of TB 2.4 4.79 4.7 6.0 8.7 1.12 19 Drug misuse 113 12 8.6 26.3 0.00 22 Acute sexually transmitted infections 70.9 473 80.4 3.210 1.00 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 0.00 25 Life expectancy at birth (Maile) 1/a 82.8 79.2 74.0 0.00 26 Life expectancy at birth (Maile) 1/a 82.8 79.2 74.0 0.00 27 Infant motaltily 4 2.4 4.1 7.5 0.07 28 Smoking related deaths 150 188 29.2 480 0.00 28 Smoking related deaths 150 188 29.2 480 0.00 28 Smoking related deaths 150 188 29.2 480 0.00 29 Life expectancy at birth (Maile) 1/a 82.8 79.2 74.0 0.00 28 Smoking related deaths 150 188 29.2 480 0.00 29 Smoking related deaths 150 188 29.2 480 0.00 29 Smoking related deaths 150 188 29.2 480 0.00 20 Life expectancy at birth (Fernale) 170 180 180 180 180 180 180 180 180 180 18 | Domain | Indicator | | | | - | | England Range | |
| Second of Congress of Second of Congress | Our communities | 1 Deprivation | 0 | 0.0 | 20.4 | 83.8 | | • | 0.0 |
| Second of Congress of Second of Congress | | 2 Children in poverty (under 16s) | 2,465 | 8.8 | 20.6 | 43.6 | | | 6.4 |
| Second of Congress of Second of Congress | | 3 Statutory homelessness | 102 | 1.6 | 2.4 | 11.4 | | | 0.0 |
| Second of Congress of Second of Congress | | 4 GCSE achieved (5A*-C inc. Eng & Maths) | 1,154 | 69.9 | 60.8 | 38.1 | | | 81.9 |
| The part of the | | 5 Violent crime (violence offences) | 597 | 4.0 | 10.6 | 27.1 | | | 3.3 |
| B Breastfeeding initiation 1,334 79,6 73,9 40,8 94,7 | | 6 Long term unemployment | 250 | 2.6 | 9.9 | 32.6 | | | 1.3 |
| 11 Under 18 conceptions | Children's and young people's health | 7 Smoking status at time of delivery | 218 | 13.0 | 12.7 | 30.8 | | () | 2.3 |
| 11 Under 18 conceptions | | 8 Breastfeeding initiation | 1,334 | 79.6 | 73.9 | 40.8 | | | 94.7 |
| 11 Under 18 conceptions | | 9 Obese children (Year 6) | 174 | 12.0 | 18.9 | 27.3 | | | 10.1 |
| 11 Under 18 conceptions | | 10 Alcohol-specific hospital stays (under 18) | 7 | 22.0 | 44.9 | 126.7 | | | 11.9 |
| 13 Percentage of physically active adults | | 11 Under 18 conceptions | 40 | 14.2 | 27.7 | 52.0 | | | 8.8 |
| 16 Incidence of malignant melanoma 41 26.4 14.8 31.8 3.6 3.6 17 Hospital stays for self-harm 282 192.0 188.0 596.0 50.4 18 Hospital stays for alcohol related harm 749 518 637 1,121 636 656 | Adults' health and lifestyle | 12 Smoking prevalence | n/a | 15.9 | 19.5 | 30.1 | | | 8.4 |
| 16 Incidence of malignant melanoma 41 26.4 14.8 31.8 3.6 3.6 17 Hospital stays for self-harm 282 192.0 188.0 596.0 50.4 18 Hospital stays for alcohol related harm 749 518 637 1,121 636 656 | | 13 Percentage of physically active adults | n/a | 62.7 | 56.0 | 43.8 | | | 68.5 |
| 16 Incidence of malignant melanoma 41 26.4 14.8 31.8 3.6 3.6 17 Hospital stays for self-harm 282 192.0 188.0 596.0 50.4 18 Hospital stays for alcohol related harm 749 518 637 1,121 636 656 | | 14 Obese adults | n/a | 18.7 | 23.0 | 35.2 | | \ | 11.2 |
| 17 Hospital stays for self-harm 282 192.0 188.0 596.0 50.4 18 Hospital stays for alcohol related harm 749 518 637 1,121 365 19 Drug misuse 113 1.2 8.6 26.3 0.8 20 Recorded diabetes 4,479 4.7 6.0 8.7 0.0 21 Incidence of TB 2 4.7 15.1 112.3 0.0 22 Acute sexually transmitted infections 709 473 804 3,210 0.6 23 Hip fractures in people aged 65 and over 160 562 568 828 0.0 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 0.3 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 0.8 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 0.7 28 Smoking related deaths 150 188 292 480 0.7 29 Suicide rate 7 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 0.3 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 0.0 50.4 50.4 50.0 50.4 50.6 50.8 50.0 50.0 50.4 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 50.0 | | 15 Excess weight in adults | 246 | 64.7 | 63.8 | 75.9 | | | 45.9 |
| 18 Hospital stays for alcohol related harm 749 518 637 1,121 365 19 Drug misuse 113 1.2 8.6 26.3 0.8 20 Recorded diabetes 4,479 4.7 6.0 8.7 0.5 3.5 21 Incidence of TB 2 4.7 15.1 112.3 0.0 0.0 22 Acute sexually transmitted infections 709 473 804 3,210 162 23 Hip fractures in people aged 65 and over 160 562 568 828 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 0.3 32.0 32. | Disease and poor health | 16 Incidence of malignant melanoma | 41 | 26.4 | 14.8 | 31.8 | • | 4 | 3.6 |
| 23 Hip fractures in people aged 65 and over 160 562 568 828 403 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 -3.0 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 82.9 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 86.6 27 Infant mortality 4 2.4 4.1 7.5 0.7 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 106 | | 17 Hospital stays for self-harm | 282 | 192.0 | 188.0 | 596.0 | | • | 50.4 |
| 23 Hip fractures in people aged 65 and over 160 562 568 828 403 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 -3.0 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 82.9 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 86.6 27 Infant mortality 4 2.4 4.1 7.5 0.7 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 106 | | 18 Hospital stays for alcohol related harm | 749 | 518 | 637 | 1,121 | | | 365 |
| 23 Hip fractures in people aged 65 and over 160 562 568 828 403 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 -3.0 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 82.9 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 86.6 27 Infant mortality 4 2.4 4.1 7.5 0.7 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 106 | | 19 Drug misuse | 113 | 1.2 | 8.6 | 26.3 | | | 0.8 |
| 23 Hip fractures in people aged 65 and over 160 562 568 828 403 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 -3.0 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 82.9 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 86.6 27 Infant mortality 4 2.4 4.1 7.5 0.7 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 106 | | 20 Recorded diabetes | 4,479 | 4.7 | 6.0 | 8.7 | | | 3.5 |
| 23 Hip fractures in people aged 65 and over 160 562 568 828 403 24 Excess winter deaths (three year) 33 9.9 16.5 32.1 -3.0 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 82.9 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 86.6 27 Infant mortality 4 2.4 4.1 7.5 0.7 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 106 | | 21 Incidence of TB | 2 | 4.7 | 15.1 | 112.3 | | | 0.0 |
| 24 Excess winter deaths (three year) 25 Life expectancy at birth (Male) 26 Life expectancy at birth (Female) 70 Na 85.9 83.0 79.5 27 Infant mortality 82 Smoking related deaths 150 188 292 480 29 Suicide rate 70 - 8.5 30 Under 75 mortality rate: cardiovascular 31 Under 75 mortality rate: cancer 143 115 146 213 | | 22 Acute sexually transmitted infections | 709 | 473 | 804 | 3,210 | | | 162 |
| 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 27 Infant mortality 4 2.4 4.1 7.5 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 31 Under 75 mortality rate: cancer 143 115 146 213 | | 23 Hip fractures in people aged 65 and over | 160 | 562 | 568 | 828 | | (| 403 |
| 25 Life expectancy at birth (Male) n/a 82.8 79.2 74.0 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 27 Infant mortality 4 2.4 4.1 7.5 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 31 Under 75 mortality rate: cancer 143 115 146 213 11.3 | fe expectancy and causes of death | 24 Excess winter deaths (three year) | 33 | 9.9 | 16.5 | 32.1 | | | -3.0 |
| 26 Life expectancy at birth (Female) n/a 85.9 83.0 79.5 27 Infant mortality 4 2.4 4.1 7.5 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 31 Under 75 mortality rate: cancer 143 115 146 213 32 Killed and seriously injured on roads 92 61.2 40.5 116.3 | | 25 Life expectancy at birth (Male) | n/a | 82.8 | 79.2 | 74.0 | | | 82.9 |
| 27 Infant mortality | | 26 Life expectancy at birth (Female) | n/a | 85.9 | 83.0 | 79.5 | | | 86.6 |
| 28 Smoking related deaths 150 188 292 480 172 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 106 32 Killed and seriously injured on roads 92 61.2 40.5 116.3 11.3 | | 27 Infant mortality | 4 | 2.4 | 4.1 | 7.5 | | | 0.7 |
| 29 Suicide rate 7 - 8.5 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 37.4 31 Under 75 mortality rate: cancer 143 115 146 213 106 32 Killed and seriously injured on roads 92 61.2 40.5 116.3 11.3 | | 28 Smoking related deaths | 150 | 188 | 292 | 480 | | | 172 |
| 30 Under 75 mortality rate: cardiovascular 59 48.0 81.1 144.7 31.4 31.4 31.4 31.4 32.4 32.4 32.4 32.4 32.4 33.4 33.4 33 | | 29 Suicide rate | 7 | - | 8.5 | | | | |
| 31 Under 75 mortality rate: cancer 143 115 146 213 | | 30 Under 75 mortality rate: cardiovascular | 59 | 48.0 | 81.1 | 144.7 | | | 37.4 |
| 32 Killed and seriously injured on roads 92 61.2 40.5 116.3 | | 31 Under 75 mortality rate: cancer | 143 | 115 | 146 | 213 | | | 106 |
| | <u></u> | 32 Killed and seriously injured on roads | 92 | 61.2 | 40.5 | 116.3 | | | 11.3 |

Indicator Notes

1 % people in this area living in 20% most deprived areas in England, 2010 2 % children (under 16) in families receiving means-tested benefits & low income, 2011 3 Crude rate per 1,000 households, 2012/13 4 % key stage 4, 2012/13 5 Recorded violence against the person crimes, crude rate per 1,000 population, 2012/13 6 Crude rate per 1,000 population aged 16-64, 2013 7 % of women who smoke at time of delivery, 2012/13 8 % of all mothers who breastfeed their babies in the first 48hrs after delivery, 2012/13 9 % school children in Year 6 (age 10-11), 2012/13 10 Persons under 18 admitted to hospital due to alcohol-specific conditions, crude rate per 100,000 population, 2010/11 to 2012/13 (pooled) 11 Under-18 conception rate per 1,000 females aged 15-17 (crude rate) 2012 12 % adults aged 18 and over, 2012 13 % adults achieving at least 150 mins physical activity per week, 2012 14 % adults classified as obese, Active People Survey 2012 15 % adults classified as overweight or obese, Active People Survey 2012 16 Directly age standardised rate per 100,000 population, aged under 75, 2009-2011 17 Directly age sex standardised rate per 100,000 population, 2012/13 18 The number of admissions involving an alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2012/13 19 Estimated users of opiate and/or crack cocaine aged 15-64, crude rate per 1,000 population, 2010/11 20 % people on GP registers with a recorded diagnosis of diabetes 2012/13 21 Crude rate per 100,000 population, 2010-2012 22 Crude rate per 100,000 population, 2012/13 24 Ratio of excess winter deaths (observed winter deaths minus expected deaths based on non-winter deaths) to average non-winter deaths 1.08.09-31.07.12 25 At birth, 2010-2012 26 At birth, 2010-2012 27 Rate per 1,000 live births, 2010-2012 28 Directly age standardised rate per 100,000 population aged under 75, 2010-2012 31 Directly age standardised rate per 100,000 population aged under 75, 2010-2012 32 Directly age standardi

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